

Slide 1	The Target Concentration Approach to Dosing in Children and Adults -- Application to Busulfan Nick Holford Department of Pharmacology and Clinical Pharmacology, University of Auckland, Auckland, New Zealand	Results first presented at PAGANZ 2013, University of Queensland, Brisbane, Australia on Feb 15 2013. http://www.paganz.org/wp-content/uploads/2013/03/PAGANZ_2013_busulfan_integrated_PK.pdf						
Slide 2	Clinical Pharmacology Pharmacokinetics CL V Dose Pharmacodynamics Emax EC50 Concentration Effect	Clinical pharmacology describes the effects of drugs in humans. One way to think about the scope of clinical pharmacology is to understand the factors linking dose to effect. Drug concentration is not as easily observable as doses and effects. It is believed to be the linking factor that explains the time course of effects after a drug dose. The science linking dose and concentration is pharmacokinetics. The two main pharmacokinetic properties of a drug are clearance (CL) and volume of distribution (V). The science linking concentration and effect is pharmacodynamics. The two main pharmacodynamic properties of a drug are the maximum effect (Emax) and the concentration producing 50% of the maximum effect (EC50).						
Slide 3	 Target Concentration in Clinical Use of Medicines Target Conc = Target Effect x EC50 / (Emax - Target Effect) <table><tr><td>Target Conc</td><td>Dose Model</td></tr><tr><td>Initial Peak</td><td>Loading Dose = Target Conc x Volume of distribution</td></tr><tr><td>Average Steady State</td><td>Maintenance Dose Rate = Target Conc x Clearance</td></tr></table> Ideal dose prediction requires individual estimates of Emax, EC50, Volume and Clearance	Target Conc	Dose Model	Initial Peak	Loading Dose = Target Conc x Volume of distribution	Average Steady State	Maintenance Dose Rate = Target Conc x Clearance	The target concentration approach links PKPD to prediction of the right dose for a patient.
Target Conc	Dose Model							
Initial Peak	Loading Dose = Target Conc x Volume of distribution							
Average Steady State	Maintenance Dose Rate = Target Conc x Clearance							

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 **TDM or TCI?**

- **Therapeutic Drug Monitoring**
 - TDM Therapeutic Range

 **Imprecise**

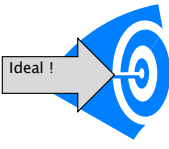
- Sub-optimal at borders of the range


Toxic
Ineffective

- **Target Concentration Intervention**
 - » TCI Single Target

 **Accurate**

- » Optimal – do the best you can


Ideal !

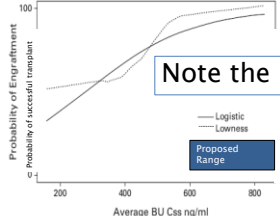
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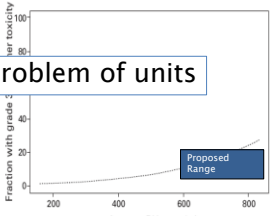
 **What do we need to learn?**

- Pharmacokinetics
 - Influence of body composition
 - Influence of young age
- Dose Adjustment
 - AUC or Bayesian?
- Target Concentration
 - Still just ‘best guess’

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 **Busulfan Pharmacodynamics**


Figure 1 Probability of engraftment compared to Bu C_{ss} (ng/ml).


Figure 2 Fraction of patients with toxicity as related to Bu C_{ss} (ng/ml).

Note the problem of units

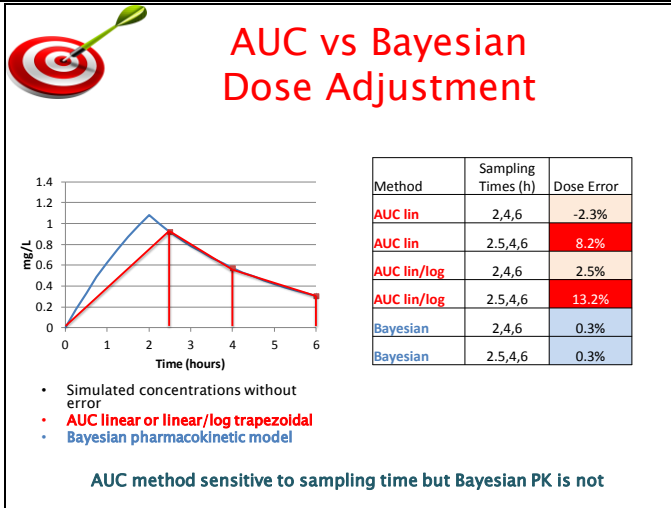
Proposed Range 0.6 to 0.9 mg/L; Target Concentration 0.77 mg/L
Corresponds to Target AUC of 1125 $\mu\text{mol} \cdot \text{min}$ q6h dosing

Bolinger AM, Zangwill AB, Slattery JT, Glidden D, DeSantes K, Heyn L, et al. An evaluation of engraftment, toxicity and busulfan concentration in children receiving bone marrow transplantation for leukemia or genetic disease. Bone Marrow Transplant. 2000;25(9):925-30.

Bolinger AM, Zangwill AB, Slattery JT, Glidden D, DeSantes K, Heyn L, et al. An evaluation of engraftment, toxicity and busulfan concentration in children receiving bone marrow transplantation for leukemia or genetic disease. Bone Marrow Transplant. 2000;25(9):925-30.

Slide 7	Pharmacodynamics Adults Statistical analysis no help for identifying target Slattery et al. 1997 Fig 2. Kaplan Meier statistics on the survival of patients transplanted for CML in CP or AP categorized on the basis of BU steady state concentrations ($C_{ss}BU$) greater than or less than the median (917 ng/mL) during conditioning. Patients were censored on the date of last contact. Tic marks denote survivors. The difference between the groups is not statistically significant ($P = .33$)
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Busulfan in infants to adult hematopoietic cell transplant recipients: A population pharmacokinetic model for initial and Bayesian dose personalization

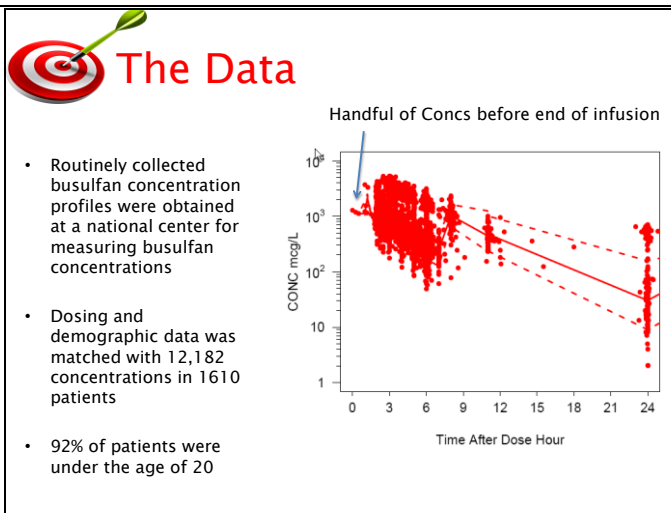
Jeannine S. McCune^{1,3}, Meagan J. Bemer¹, Jeffrey S. Barrett⁴, K. Scott Baker^{2,3,5}, Alan S. Gamis⁶, Nicholas H.G. Holford⁷

University of Washington Schools of ¹Pharmacy and ²Medicine, Seattle, WA; ³Fred Hutchinson Cancer Research Center, Seattle, WA; ⁴Division of Clinical Pharmacology & Therapeutics, The Children's Hospital of Philadelphia, Philadelphia, PA; ⁵Seattle Children's Hospital, Seattle, WA; ⁶Children's Mercy Hospitals and Clinics, Kansas City, MO; ⁷University of Auckland Department of Pharmacology and Clinical Pharmacology, Auckland, New Zealand.

Presented at PAGANZ 2013, University of Queensland, Brisbane, Australia on Feb 15 2013.

http://www.paganz.org/wp-content/uploads/2013/03/PAGANZ_2013_busulfan_integrated_PK.pdf

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Slide 13	 Pharmacokinetic and Random Effect Models • Zero order input using dose and input duration recorded by clinical staff • Two compartment distribution • First order elimination • Between subject and within subject variability estimated with exponential model for random effect • Combined additive and proportional residual error • NONMEM 7.2 FOCE Interaction	
Slide 14	 The Weight Problem • Clinical tradition has been to record 'dosing weight' (DWT) which is then used to predict the dose on a mg/kg basis • There are many 'dosing weight' formulas but the formula was not recorded and actual body weight was not known • 133 patients (108 adults and 25 children) had actual body weight (AWT) recorded	It is hoped that future studies of busulfan will record actual weight and use actual weight to predict doses using normal fat mass (see below).
Slide 15	 A Solution... $TBW_i = DWT \times FFEM_{DW} \times \exp(\eta_{DW})$ TBW=Total body weight prediction DWT=Dosing weight covariate FFEM_{DW}=Factor in women relative to men that predicts TBW	No systematic difference between TBW and DWT was found in males. Females had a slightly higher TBW.

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Size and Maturation

- Body Size
 - Fat mass was accounted for by using total body weight and fat free mass to predict normal fat mass
- $$NFM = FFM + Ffat \cdot (TBW - FFM)$$
- Theory based allometry was used to determine the best body size metric
- Maturation
 - Maturation of clearance was described using a sigmoid Emax maturation model

$$Fmat = \frac{1}{1 + \left(\frac{PMA}{TM50} \right)^{-Hill}} \quad CL_{PREDICTED_{NFM, PMA}} = CL_{NFM} \cdot Fmat$$

TM50=PMA at 50% maturation

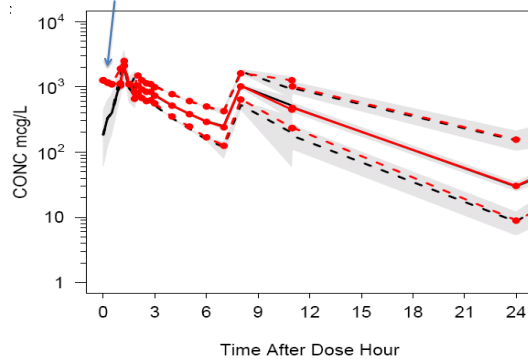
Details of calculation of body size and maturation can be found in Holford N 2010. Dosing in children. Clin Pharmacol Ther 87(3):367-370.

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Model Evaluation

Handful of Concs before end of infusion



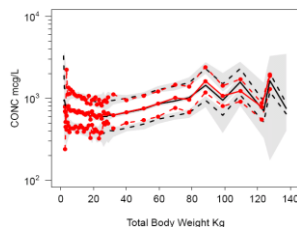
The VPC shows excellent predictions of observed concentrations except samples taken before the end of the (usually) 2 hour infusion. It is probable that these samples were contaminated because there were drawn from the same catheter used to infuse busulfan without adequate flushing.

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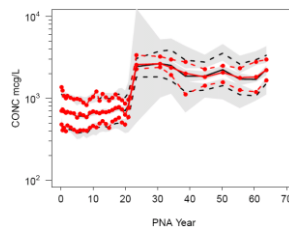


Covariate Evaluation

Weight



Age



The two main covariates, weight and age, show no residual mis-specification of the model. The higher concentrations in adults reflect the use of daily rather than 6 h dosing with samples drawn mainly in the first 6 hours after the dose.

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Structural Parameters

Parameter	Description	Units	Bootstrap Estimate	Bootstrap RSE	2.5% ile	97.5% ile
CL	Clearance	L/h/70kg	12.5	1.1%	12.2	12.7
V1	Central volume of distribution	L/70kg	15.8	6.6%	13.5	17.9
Q	Inter-compartmental clearance	L/h/70kg	148.1	7.2%	126.4	168.0
V2	Peripheral volume of distribution	L/70kg	33.9	3.0%	32.1	35.8
FFAT _{CL}	Fat fraction for clearance (from ABW data)	-	0.509	42.8%	0.110	0.950
FFAT _V	Fat fraction for volume (from ABW data)	-	0.203	51.6%	0.016	0.429
TM50 _{CL}	PMA at 50% maturation	weeks	45.7	4.3%	41.6	49.2
HILL _{CL}	Hill coefficient for maturation	-	2.3	9.7%	1.93	2.74
FFEM _V	Fractional difference in total volume (V1+V2) in females		1.07	1.2%	1.05	1.10
FFEM _{DW}	Fractional difference in dosing weight in females		1.08	1.7%	1.05	1.11

Weights are Normal Fat Mass for CL and V

Both clearance and volume were better related to normal fat mass than either predicted total body weight or fat free mass.

Maturation of busulfan clearance reaches 50% of the predicted size standardized adult value around 6 weeks after full term (40 weeks) gestation.

There is a slightly larger steady state volume of distribution in females. Predicted total body weight also tended to be slightly larger than dosing weight in females.

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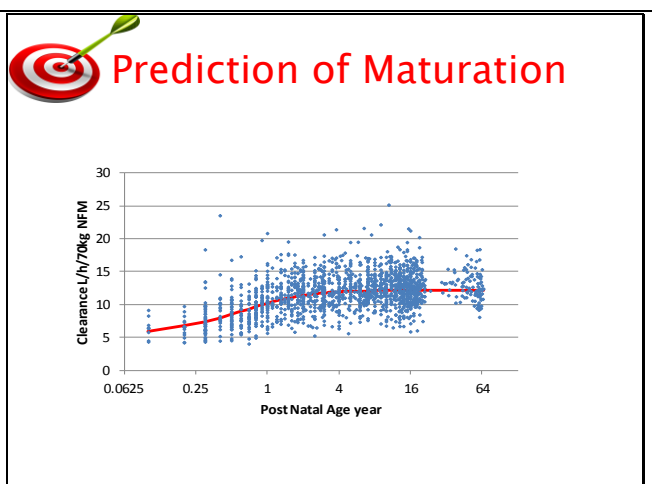
Test of Allometric Theory

- Wide range (95% interval) of weight (5–90 kg) and large sample size (N=1610)
- Allometric exponents estimated with starting value of 0.67 for CL and Q and 1.25 for V1 and V2
- Non-parametric bootstrap used to estimate average and 95% confidence interval for allometric exponents

Parameter	Description	Bootstrap Estimate	Bootstrap RSE	2.5% ile	97.5% ile
PWR_CL	Allometric exponent for CL	0.767	3.1%	0.724	0.817
PWR_V1	Allometric exponent for V1	1.059	9.1%	0.932	1.321
PWR_Q	Allometric exponent for Q	0.845	11.8%	0.695	1.065
PWR_V2	Allometric exponent for V2	0.993	4.0%	0.888	1.060

Wide range (95% interval) of weight (5–90 kg) and large sample size (N=1610) provides a design suitable for testing the predictions of theory based allometry. The 95% confidence interval of the estimate of the exponent for clearance is narrow and includes the theoretical value of $\frac{3}{4}$. Similar agreement between theory and observation is seen for V1 and V2 (theoretical value of 1). It is uncertain if intercompartmental clearance is more like elimination clearance or volume of distribution. The confidence interval is relatively wide and includes both $\frac{3}{4}$ and 1. There is no support for an allometric exponent of $\frac{2}{3}$ for clearance which would be expected if body surface area was an appropriate size metric.

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The maturation of size standardized clearance shows about a 2 fold range from neonates to adults. There is clearly substantial unexplained between and within subject variability even after accounting for age and weight. The unpredictable, apparently random, between subject variability can be reduced by using target concentration intervention to improve individual estimates of clearance. This in turn can be used to predict the busulfan dosing regimen to achieve the target concentration.

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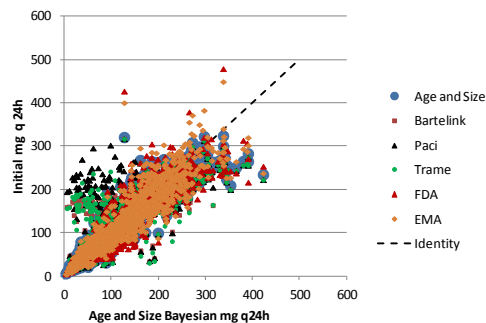
Three Ways to Dose

- Population
 - Same dose for everyone
 - The dream dosing method!
- Group (Covariate guided)
 - Same dose for similar group
 - e.g. same weight, CLcr, genotype
- Individual
 - Dose determined by individual response
 - e.g. BP, INR, blood conc

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Prediction of Initial Covariate Guided Doses



The integrated model developed from PK data from children and adults was used to obtain a Bayesian estimate of clearance for each patient. This estimate of clearance was used to make the best guess estimate of the daily dose required to reach a target steady state concentration of 0.77 mg/L.

Initial dose predictions were made using just covariate based models for clearance according to the current integrated study and those reported in the literature (Bartelink 2012, Paci 2012, Trame 2011).

In general all methods gave reasonable predictions of the required daily dose except when the non-integrated methods were applied in children (best guess doses less than 150 mg/day). There was one instance where the integrated model initial dose was just over twice as big as the required daily dose.

Bartelink IH, Boelens JJ, Bredius RGM, Egberts ACG, Wang C, Bierings MB, Shaw PJ, Nath CE, Hempel G, Zwaveling J, Danhof M, Knibbe CAJ 2012. Body Weight-Dependent Pharmacokinetics of Busulfan in Paediatric Haematopoietic Stem Cell Transplantation Patients: Towards Individualized Dosing. Clin Pharmacokinet 51(5):331-345.

Paci A, Vassal G, Moshous D, Dalle JH, Bleyzac N, Neven B, Galambrun C, Kemmel V, Abdi ZD, Broutin S, Petain A, Nguyen L 2012.

Pharmacokinetic behavior and appraisal of intravenous busulfan dosing in infants and older children: the results of a population pharmacokinetic study from a large pediatric cohort undergoing hematopoietic stem-cell transplantation. Ther Drug Monit 34(2):198-208.

Trame MN, Bergstrand M, Karlsson MO, Boos J, Hempel G 2011.

Population pharmacokinetics of busulfan in children: increased evidence for body surface area and

		allometric body weight dosing of busulfan in children. Clin Cancer Res 17(21):6867-6877.
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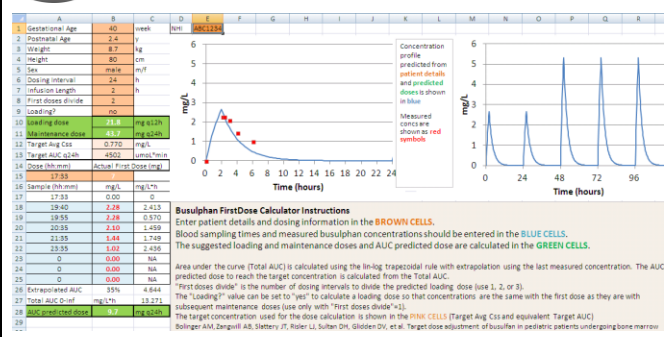


Initial Dosing Methods

Acceptable if within 80–125% of individual Bayesian predicted dose

Age & Size method overall better than EMA method. FDA and other published methods markedly inferior.

Age Group	Method	Acceptable	Age Group	Method	Acceptable
All Ages	Age & Size	72%	Age ≥ 1 and < 2	Age & Size	69%
	EMA	70%		EMA	72%
	FDA	57%		FDA	54%
	Bartelink	66%		Bartelink	60%
	Paci	66%		Paci	60%
	Trame	66%		Trame	60%
Age ≥ 5 and < 10	Age & Size	78%	Age < 1	Age & Size	62%
	EMA	71%		EMA	61%
	FDA	49%		FDA	54%
	Bartelink	70%		Bartelink	56%
	Paci	69%		Paci	56%
	Trame	69%		Trame	56%

Slide 25	 Busulfan FirstDose  Excel Based Calculator for Children and Adults	FirstDose and AUC nh926.xls
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But ...

- At best only 2/3 of patients will get a suitable busulfan dose
- So 1/3 of patients will be either over-treated or undertreated
- What can we do for them?

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Safe and Effective Variability

- CLINICAL JUDGMENT
Suppose medicine use is **safe and effective** if:
 1. Individual C_{ss} is on average at the Target Conc
 - Aim for the optimum target
 2. 90% of the time C_{ss} is within 80%–125% of Target Conc
 - 'therapeutic range' with optimum target
- STATISTICS
Assume log-normal distribution for C_{ss}
90% of C_{ss} must lie within $\pm 1.64 \times \text{SD}$
 - Therefore SD must be 0.136

The **Safe and Effective Variability (SEV)** is 13.6%

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Dosing Individualization Method Depends on Safe and Effective Variability (SEV)

Suppose total variability $\text{PPV}_{\text{total}}=0.7$, unexplained $\text{BSV}_u=0.4$, unexplained $\text{WSV}_u=0.3$
 Unexplained $\text{PPV}_u=\sqrt{\text{BSV}_u^2 + \text{WSV}_u^2}=0.5$ Predictable $\text{BSV}_p=\sqrt{(\text{PPV}_{\text{total}}^2 - \text{BSV}_u^2)}=0.57$

SEV	Method Criterion	Example	Dosing Strategy
0.9	$\text{SEV} > \text{PPV}_{\text{total}}$	$0.9 > 0.7$	Population dosing
0.55	$\text{PPV}_{\text{total}} > \text{SEV}$ $\text{SEV} > \text{PPV}_u$	$0.7 > 0.55$ $0.55 > 0.5$	Group dosing (WT, CLcr, etc) ($\text{BSV}_p \rightarrow 0$)
0.35	$\text{PPV}_u > \text{SEV}$ $\text{SEV} > \text{WSV}_u$	$0.5 > 0.35$ $0.35 > 0.3$	Individual response dosing (TCI) ($\text{BSV}_u \rightarrow 0$)

Holford NHG, Buclin TMD. Safe and effective variability – A criterion for dose individualization. Ther Drug Monit 2012; 34: 565–68

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Key Busulfan Random Effect Parameters

Parameter	Description	Bootstrap Estimate	Bootstrap RSE	2.5% ile	97.5% ile
BSV _{CL}	Unexplained BSV in clearance	0.215	4.7%	0.195	0.234
WSV _{CL}	Unexplained WSV in clearance	0.113	14.8%	0.081	0.145
RUV _{ADD}	Additive RUV (ng/mL)	26.2	13.7%	18.9	32.8
RUV _{PROP}	Proportional RUV	0.0387	12.8%	0.0298	0.0468

BSV_{total} (predictable plus unpredictable BSV)=0.33
BSV_p (predictable BSV)=0.22 (55% of total BSV variability)

BSV = Between subject variability (sqrt(OMEGA))
WSV = Within subject variability (sqrt(OMEGA))
RUV= Residual unidentified variability (sqrt(SIGMA))

The between occasion variability in clearance is an estimate of the irreducible within subject variation in clearance from which cannot be improved by target concentration intervention.

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Safe and Effective Variability (SEV) Busulfan

PPV _U	BSV _U	WSV _U
0.243	0.215	0.113

- Suggested Therapeutic Success Criterion
95% of Concs Within 80%–125% of Target C_{ss}
 - SEV is 0.114 (log normal SD)
- Unpredictable PPV_U is 0.243 and is >> SEV
 - Covariate (WT, Age) prediction alone will be inadequate
- Unpredictable WSV_U is 0.113 and is < SEV (just!)
 - TCI can achieve safe and effective target

McCune JS, Bemer MJ, Barrett JS, Scott Baker K, Gamis AS, Holford NHG. Busulfan in Infant to Adult Hematopoietic Cell Transplant Recipients: A Population Pharmacokinetic Model for Initial and Bayesian Dose Personalization. Clin Cancer Res. 2014;20(3):754-63.PPV

$$PPV_u = \sqrt{BSV_u^2 + WSV_u^2}$$

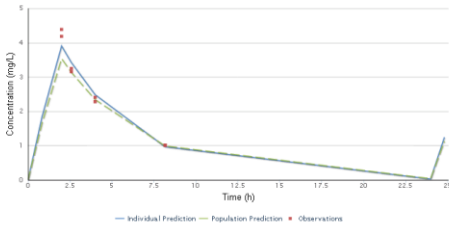
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Busulfan NextDose

<http://www.nextdose.org>

Busulphan results using AKL concentrations for BUS Test
Mon Feb 6 2012 09:21:36 am



Report

Busulphan Next Dose
2012-02-06-092136am_aki: Target conc 0.77 ng/L
Dosecon 1: Predicted maintenance dose 250 ug every 1 day Actual dose 300 ug
Average (1): Proposed maintenance dose 250 ug every 1 day

Slide 32	 Why TCI is Necessary • The acceptable exposure range we propose for busulfan is based on a goal of 95% of patients lying within 80–125% of the target C_{ss}. • With TCI the unpredictable variability for busulfan can be reduced to the WSV of CL 11.3%. • This means that only 5% of patients will be under- or over-dosed. A major improvement over initial dosing based on size and age.	Holford NHG, Buclin TMD. Safe and effective variability - A criterion for dose individualization. Ther Drug Monit. 2012;34(5):565-8.
Slide 33	 Conclusion • Theory based allometry confirmed experimentally for CL, V₁, (Q) and V₂ • Normal fat mass describes allometric size better than other methods • Maturation of busulfan clearance reaches half of adult values around 6 weeks after full term delivery • TCI is essential to achieve exposure goals in 95% of treated patients	
Slide 34	 Practical Questions • Number and timing of blood samples for busulfan measurement? • Should doses be adjusted to achieve – target AUC ignoring whether first dose was too or too low? – The traditional goal or – total treatment period target AUC? – The pharmacological theory goal	

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Demographics

Statistic	Units	average	2.5% ile	97.5% ile
PNA	year	9.8	0.3	58.4
PMAW	week	551	56	3089
AWT	kg	30.8	5.2	89.7
DWT	kg	30.2	5.2	84.4
FFMKG	kg	23.3	4.3	64.5
HTCM	cm	116	58	181
BMI	kg/m^2	18.9	12.6	30.8
IBW	kg	14.9	-38.3	76.1

The percentile are derived from the empirical distribution of baseline values for these demographic features.

Note that ideal body weight (IBW) is frequently negative in children because the empirical IBW formula was developed in adults and is not appropriate for children.

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Busulfan Random Effect Parameters

Parameter	Description	Bootstrap Estimate	Bootstrap RSE	2.5% ile	97.5% ile
FDW	BSV in Fraction of Dosing Weight	0.166	7.8%	0.134	0.185
CL	BSV in clearance	0.215	4.7%	0.195	0.234
V1	BSV in central volume	0.410	10.8%	0.329	0.506
Q	BSV in intercompartmental clearance	0.922	9.1%	0.730	1.059
V2	BSV in peripheral volume	0.120	23.8%	0.059	0.183
CL	BOV in clearance	0.113	14.8%	0.081	0.145
V1	BOV in central volume	0.244	20.0%	0.147	0.327
Q	BOV in intercompartmental clearance	0.577	24.6%	0.330	0.903
V2	BOV in peripheral volume	0.212	12.4%	0.162	0.264
RUV _{ADD}	Additive RUV (mcg/L)	26.2	13.7%	18.9	32.8
RUV _{PROP}	Proportional RUV	0.0387	12.8%	0.0298	0.0468

BSV = Between subject variability (sqrt(OMEGA))
BSV = Between occasion variability (sqrt(OMEGA))
RUV= Residual unidentified variability (sqrt(SIGMA))

The between occasion variability in clearance is an estimate of the irreducible within subject variation in clearance from which cannot be improved by target concentration intervention.

BSVtotal (predictable plus unpredictable BSV)=0.33;
BSVp=0.22 (55% of total BSV variability)

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Published Busulfan PK Parameters

Clearance

Estimate	Units	Population	Source
12.2	L/h/70kg	173 adults oral (normal weight)	Gibbs 1999
10.3	L/h/70kg	24 children IV (allometric)	Booth 2006
12.6	L/h/70kg	37 adults IV (daily doses)	Salinger 2010
10.6	L/h/70kg	44 adults; 13 <18y IV	Abbasi 2011, PDL 2006
12.4	L/h/70kg	94 adults; 1 < 18y oral	Abbasi 2011

Volume

Estimate	Units	Population	Source
44.8	L/70kg	24 children IV	Booth 2006
50.6	L/70kg	37 adults IV	Salinger 2010
Not done		44 adults; 13 <18y IV	Abbasi 2011
Not done		94 adults; 1 < 18y oral	Abbasi 2011

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Published Busulfan PK Variability

Clearance

		Population	Source
BSV+BOV	25%	24 children IV (allometric)	Booth 2006
BSV	23%		
BOV	10%		
BSV+BOV	20%	94 adults; 1 < 18y oral	Salinger 2010

Limiting
factor for
dose
prediction

Volume

		Population	Source
BSV+BOV	12%	24 children IV (allometric)	Booth 2006
BSV	11%		
BOV	6%		
BSV+BOV	16%	94 adults; 1 < 18y oral	Salinger 2010

BSV=Between Subject Variability BOV=Between Occasion Variability