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# Clinical Trial Simulation

## Using NONMEM

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## NONMEM Example

```
$PROB THEOPHYLLINE PHARMACODYNAMICS $PRED
$DATA theopd.dat IGNORE #           S0=POP_S0*EXP (PPV_S0)
$INPUT ID TIME THEO AGE WT GEND RACE EMAX=POP_EMAX*EXP (PPV_EMAX)
DIAG DV                               C50=POP_C50*EXP (PPV_C50)
$SIM (20000625 NORMAL NEW)           EFFECT=S0 + EMAX*THEO/(THEO+C50)
SUBPROBLEMS=100                       Y = EFFECT + RUV_SD
$ESTIM PRINT=0 ; suppress output      IF (ICALL.EQ.4) THEN
$THETA (0,150.,) ; POP_S0              DOWHILE (Y.LT.0)
$THETA (0,200.,) ; POP_EMAX            CALL SIMEPS (EPS)
$THETA (.001,10,) ; POP_C50           Y=EFFECT + RUV_SD
$OMEGA BLOCK(3)                       ENDDO
0.25 ; PPV_S0                          ENDF
0.01 0.25 ; PPV_EMAX
0.01 0.01 0.25 ; PPV_C50
$$SIGMA 100 ; RUV_SD
```

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## Simulating Continuous Covariates

```
IF (ICALL.EQ.4) THEN ; Simulation
; Simulate Weight Distribution (for male)
WTMALE=WTSTD*EXP (PPV_WT)
LO=40 ; kg
HI=200 ; kg
DOWHILE (WTMALE.LT.LO .OR. WTMALE.GT.HI)
CALL SIMETA (ETA)
WTMALE = WTSTD*EXP (PPV_WT)
ENDDO
etc
```

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## Simulating Categorical Covariates

```
$SIM (20000625 NORMAL NEW) (20010112 UNIFORM)
SUBPROBLEMS=100

$PK ; Simulate Sex Distribution
FEMALE=0.5 ; proportion of females
CALL RANDOM(2,R) ; 2nd random number generator
IF (R.GT.FEMALE) THEN
  SEX=1 ;male
  WT=WTMALE ; previously simulated male WT
ELSE
  SEX=0 ;female
  WT=0.85*WTMALE ; weight for female
ENDIF
etc
```

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## Truncating Parameters

```
IF (ICALL.EQ.4) THEN ; simulation within 99.9% of full Normal
  TRUNC=3.27 ; Z 2tailed alpha=0.01 i.e. include 99.9%
  GRPS0=POP_S0 ; include covariate effects here if needed
  S0=GRPE0*EXP (PPV_E0)
  LNMU=LOG (GRP_E0)
  DLTA=TRUNC*0.717 ; Must be TRUNC*SQRT (PPV_E0)!
  LO=EXP (LNMU-DLTA)
  HI=EXP (LNMU+DLTA)
  DOWHILE (S0.LT.LO .OR. S0.GT.HI)
    CALL SIMETA (ETA)
    S0=GRPS0*EXP (PPV_S0)
  ENDDO
etc
```

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## Hands-On

- Original data from RCCT of theophylline
- Use original data to obtain model parameters
- Simulate a Randomized Concentration Controlled Trial using NONMEM
- Evaluate model analysis scenarios
  - Placebo vs Target (10 or 20 mg/L)
  - Placebo vs Actual Concentration

Holford N, Black P, Couch R, Kennedy J, Briant R. Theophylline target concentration in severe airways obstruction - 10 or 20 mg/L? A randomised concentration-controlled trial. Clin Pharmacokinet 1993; 25: 495-505.

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## Fit Original Data

```

THETA:      POP_S0      POP_EMAX      POP_C50      RUV_SD
ETA:        PPV_S0      PPV_EMAX      PPV_C50
ERR:        EPST
theopd_org.lst 5800.202      FOCE=7.6 eval=308 sig=3.3 sub=153 obs=574 MOD(N
THEIA      = 143      180
ETASD      = 0.430116      0.43359      1.32665
ETAR12     = 0.082
ETAR23     = 0.960 -0.121
ETAPval    = 0.0029592      0.8703      0.0010115
EAShr%     = 37.948      22.373      61.74
EPSshr%    = 9.7533
EPSSD      = 1
MINIMIZATION SUCCESSFUL
HOWEVER, PROBLEMS OCCURRED WITH THE MINIMIZATION.
REGARD THE RESULTS OF THE ESTIMATION STEP CAREFULLY, AND ACCEPT THEM ONLY
AFTER CHECKING THAT THE COVARIANCE STEP PRODUCES REASONABLE OUTPUT.
Ttot 0:3.86 Test 0:2.36 Tcov 0:0 Ttcl 0:1.5
C:\Docs\Mtg\12\PAGANZ Monash\PAWS\Intermediate\CTS\NM72>

```

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## Simulate Data

```

@MDV DATA ITEM
CREATING MODEL ROUTINE...
Completed call to @fcomplic.bat
NONMEM theopd_sim..
License Registered to: PKPDRX Limited
Expiration Date: 14 NOV 2012
Current Date: 9 SEP 2012
Days until program expires : 65

PROBLEM NO.: 1 SUBPROBLEM NO.: 1

THETA:      F 10      POP_S0      POP_EMAX      POP_C50      RUV_SD
ETA:        PPV_CONC      PPV_S0      PPV_EMAX      PPV_C50
ERR:        EPST
theopd_sim.lst ***** NNNN      eval=0 sig=0 sub=153 obs=574 MOD(NONMEM)7.2.0

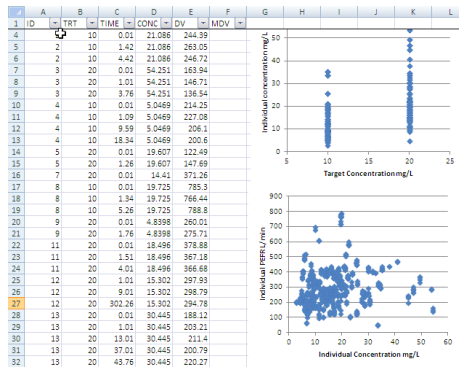
ESTIMATION OMITTED
Ttot 0:0 Test 0:0 Tcov 0:0 Ttcl 0:0
C:\Docs\Mtg\12\PAGANZ Monash\PAWS\Intermediate\CTS\NM72>

```

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## Examine Simulation In Excel



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## No Effect Estimation

```
$PROB theophylline concentration controlled trial
$DATA ..\theopd_sim_trunc.reg\theopd_sim_trunc.fit
IGNORE @
$INPUT ID TRT TIME CONC DV MDV

$ESTIM METHOD=COND
NSIG=3 SIGL=9

$THETA
(0,150.,) ; POP_S0 L/min
(0,10,) ; RUV_SD L/min

$OMEGA BLOCK(1)
0.25 ; PPV_S0
$PRED
S0=POP_S0*EXP(PPV_S0)
Y = S0 + RUV_SD*EPS1

$SIGMA 1 FIX ; EPS1
```

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## Treatment Target Estimation

```
$PROB theophylline concentration controlled trial
$DATA ..\theopd_sim_trunc.reg\theopd_sim_trunc.fit
IGNORE @
$INPUT ID TRT TIME CONC DV MDV

$ESTIM METHOD=COND
NSIG=3 SIGL=9

$THETA
(0,150.,) ; POP_S0 L/min
20 ; POP_EFF10 L/min
20 ; POP_EFF20 L/min
(0,10,) ; RUV_SD

$OMEGA BLOCK(2)
0.25 ; PPV_S0
0.01 0.25 ; PPV_EFFECT
$PRED
S0=POP_S0*EXP(PPV_S0)
IF (TRT.EQ.10) THEN
  EFFECT=POP_EFF10*(1+PPV_EFFECT)
ELSE
  EFFECT=POP_EFF20*(1+PPV_EFFECT)
ENDIF
Y = S0 + EFFECT + RUV_SD*EPS1

$SIGMA 1 FIX ; EPS1
```

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## Actual Concentration Estimation

```
$PROB theophylline concentration controlled trial
$DATA ..\theopd_sim_trunc.reg\theopd_sim_trunc.fit
IGNORE @
$INPUT ID TRT TIME CONC DV MDV

$ESTIM METHOD=COND
NSIG=3 SIGL=9

$THETA
(0,150.,) ; POP_S0 L/min
200. ; POP_EMAX L/min
(.1,10,) ; POP_C50 mg/L
(0,10,) ; RUV_SD L/min

$OMEGA BLOCK(3)
0.25 ; PPV_S0
0.01 0.25 ; PPV_EMAX
0.01 0.01 0.25 ; PPV_C50
$PRED
S0=POP_S0*EXP(PPV_S0)
EMAX=POP_EMAX*(1+PPV_EMAX)
C50=POP_C50*EXP(PPV_C50)
EFFECT= S0 + EMAX*CONC/(CONC+C50)
Y = EFFECT + RUV_SD*EPS1

$SIGMA 1 FIX ; EPS1
```

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## Simulate and Estimate

```
rem To create and delete simulated data: set ctsthisgotdata=
rem To create and keep simulated data:  set ctsthisgotdata=n
rem To skip creation and keep sim data: set ctsthisgotdata=y
rem Non-default simulated data dir:    set ctsdata=non_default_dir
rem create and keep simulated data, estimate with placebo model
```

```
set ctsthisgotdata=n
call nmgosim theopd_sim_trunc trial_placebo_est 1 10
```

```
rem use simulated data, estimate with treatment model
set ctsthisgotdata=y
call nmgosim theopd_sim_trunc trial_trt_est 1 10
```

```
rem use simulated data, estimate with concentration model
set ctsthisgotdata=y
call nmgosim theopd_sim_trunc trial_conc_est 1 10
```

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## Power

Obj	Obj	DeltaConc	df	p	Significant
4172.766	4165.523	7.237	4	0.123881474	0
4095.863	4086.683	9.18	4	0.056754478	0
4060.57	4051.011	9.559	4	0.048548944	1
4083.553	4077.46	6.093	4	0.192309795	0
4073.254	4060.229	13.025	4	0.011154283	1
4136.384	4134.839	1.545	4	0.8186415	0
4088.738	4057.031	31.707	4	2.19585E-06	1
4152.024	4137.328	14.696	4	0.0053751	1
4137.879	4124.76	13.119	4	0.010708741	1
4096.63	4077.816	18.814	4	0.000854904	1

Treatment Target

alpha	power
0.05	60%

Obj	Obj	DeltaConc	df	p	Significant
4172.766	4157.233	15.533	7	0.02974275	1
4095.863	4079.548	16.315	7	0.022389236	1
4060.57	4042.434	18.136	7	0.011371235	1
4083.553	4056.732	26.821	7	0.000358927	1
4073.254	4054.526	18.728	7	0.009083485	1
4136.384	4120.128	16.256	7	0.022877696	1
4088.738	4067.576	21.162	7	0.003537637	1
4152.024	4131.046	20.978	7	0.003802848	1
4137.879	4119.766	18.113	7	0.011470439	1
4096.63	4065.427	31.203	7	5.70359E-05	1

Actual Concentration

alpha	power
0.05	100%

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## Simulation Tools

- NONMEM
  - Easy to simulate from estimation model
- Wings for NONMEM
  - Support for NONMEM estimation to test scenarios
- Excel
  - Graphical check of simulation
  - Power Calculation

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